



ERC 2023 Club Championship

		7- YDRRL Pocklington			
Name	Surname	Race Position	Race Time	Age Adjusted Time	Score
Sally-Anne	Lardner	358	00:59:30	00:41:51	50
Jane	Maloney	330	00:56:38	00:43:46	48
Philippa	Hutton	342	00:57:27	00:43:50	46
Emma	Atkinson	270	00:50:40	00:44:12	44
Stephanie	Cooper	300	00:53:47	00:44:15	42
Laura	Varney	314	00:54:56	00:45:44	40
Karen	Newton	361	01:00:11	00:46:31	38
Helen	Spring	253	00:49:31	00:46:41	36
Isla	McClanachan	242	00:48:42	00:48:19	34
Catherine	Lumb	390	01:06:46	00:50:17	32
Emma	Triffitt	313	00:54:46	00:50:21	30
Debbie	Gregson	370	01:02:22	00:51:55	28
Linda	Carruthers	380	01:03:00	00:53:05	26
Claire	Throup	316	00:55:21	00:53:16	24
Joanne	Wheeler	333	00:56:42	00:53:52	22
Susan	McClanachan	392	01:07:39	00:54:58	20
Grace	Raper	345	00:57:54	00:57:04	18
Catherine	Skinner	404	01:14:59	00:58:42	16
Rachel	Farrand	385	01:04:46	01:00:05	14
Jemma	Handley	369	01:02:20	01:00:57	12
STEPHAN	TOMASZEWSKI	73	00:40:15	00:32:09	50
Simon	Donoghue	47	00:38:45	00:32:41	48
Steve	Loseby	69	00:40:02	00:34:04	46
David	Todd	25	00:37:16	00:34:48	44
Howard	Thompson	172	00:45:32	00:35:20	42
Mark	Clegg	107	00:42:22	00:37:20	40
Peter	Dunne	94	00:41:13	00:38:29	38
JOE	DODSWORTH	55	00:39:12	00:39:08	36
Tim	Shearman	135	00:43:25	00:39:14	34
David	Waddington	206	00:46:59	00:39:38	32
Andrew	Frank	86	00:40:52	00:40:08	30
David	Hull	78	00:40:21	00:40:21	28
Ian	Swannell	200	00:46:37	00:41:25	26
Matthew	Bessey	189	00:46:00	00:43:59	24
Richard	Freeman	226	00:48:04	00:44:09	22
Alwyn	Craven	227	00:46:45	00:45:03	20
Rob	Cooper	355	00:59:14	00:49:05	18
Jason	Wheeler	364	01:00:33	00:54:16	16
ERC	Finishers	38			
ERC	Finishers Female	20			
ERC	Finishers Male	18			
TOTAL	Finishers	404			