



## ERC 2024 Club Championship

### 3 - Helmsley 10k

Name	Surname	Race Position	Race Time	Age Adjusted Time	Score
Jennifer	Duncan	68	00:47:55	00:44:50	50
Sally-Anne	Lardner	259	01:05:03	00:45:06	48
Jane	Maloney	214	01:00:00	00:45:46	46
Stephanie	Cooper	180	00:56:28	00:45:53	44
Helen	Spring	96	00:49:49	00:46:37	42
Philippa	Hutton	237	01:02:18	00:46:55	40
Karen	Newton	254	01:04:16	00:49:02	38
Karen	Rayner	228	01:01:29	00:49:21	36
Catherine	Lumb	275	01:07:54	00:50:27	34
Susan	Brown	256	01:04:46	00:51:59	32
Joanne	Wheeler	170	00:55:43	00:52:32	30
Debbie	Pomfret	220	01:00:54	00:53:07	28
Claire	Throup	173	00:55:52	00:53:26	26
Penny	Vity	189	00:56:51	00:53:36	24
Linda	Carruthers	279	01:07:59	00:56:36	22
Lindsey	Walker	264	01:05:55	00:58:09	20
Rachel	Farrand	283	01:09:02	01:03:29	18
STEPHAN	TOMASZEWSKI	26	00:42:22	00:33:31	50
Julian	Ollive	12	00:40:12	00:37:32	48
JOE	DODSWORTH	19	00:40:52	00:40:44	46
Ed	Duffield	77	00:48:31	00:42:23	44
David	Cooke	117	00:51:32	00:43:28	42
Doug	Pearce	115	00:51:28	00:44:35	40
Tim	Shearman	141	00:53:11	00:47:39	38
Jason	Wheeler	188	00:56:48	00:50:28	36
Joseph	Cooper	140	00:53:20	00:50:40	34
Stephen	Daniel	251	01:03:41	00:56:07	32
James	Carpenter	273	01:07:23	01:03:25	30
ERC	Finishers	28			
ERC	Finishers Female	17			
ERC	Finishers Male	11			
TOTAL	Finishers	323			