

Easingwold Running Club – Advertiser article July 2022

Summer racing, away nights, heat waves and a category winner. This may appear a random concoction of words, but to Easingwold Running Club members, it reflects a summer of treading trail routes across the local countryside, taking advantage of the light evenings and for many club

members the chance to compete against runners from across the York area.

Tuesday 21st June saw 25 club members travel to Bugthorpe, to take on a 10k road race, event number 5 of the York District Road Race League. A new course to the league this year, runners would describe it as undulating and non-runners would call it 'really hilly'. This didn't dispel our club members, who again set some impressive times. Julian Ollive was the first male club member over the finish line with a time of 38:02, followed closely by Simon Donoghue in a time of 38:17. Hannah Storm took the accolade as fastest club female with a time of 48:11, followed by Georgina Robinson in 49:06.

Next up, the Wistow 10k, event 6 and the final one of the series. The club were represented at the race by 26 club members. Simon Donoghue continued his fine form across the league, taking top spot in the Male 50 category and clinching the overall category title. A fantastic achievement and a first category win for a club member. Stephan Tomaszewski was also amongst the category winners for this race, winning the male 60 division. On the night, Julian Ollive completed the course in an impressive time of 36:51, with Simon chasing hard in a time of 37:30. Hannah Storm was again first club female home with a time of 44:17, followed by Emma Atkinson in 48:30.

Traditionally the final race is followed by a handicap event, in which the runners start at staggered timings depending on their average race time across the series. The event is a great way to end the series, but also an opportunity to celebrate both personal and team honours. Everything was a set for a fantastic night of running in Heslington, that was until the mercury started boiling, the roads started melting and there was genuine concern that the runners might do the same. A disappointment not to complete the series, but some hugely deserved achievements obtained by our members, including Simon who took home the trophy for theoverall winner of the male 50 category.

Races and summer come hand in hand, which means the inter club championship continues to take shape. Catherine Lumb currently leads the female category with a total point score of 340. Grace Raper is in second with a score of 298 and Linda Carruthers in third with 276. In the male category Simon Donoghue leads with a score of 398, Dave Todd sits in second with 338 and Roy McGhie in third with 310. With 9 events left to take place, can the leaders be toppled?!

Tim Williams, Publicity Secretary