



ERC 2024 Club Championship

12- Sessay Swift 6k

Name	Surname	Race Position	Race Time	Age Adjusted Time	Score
Megan	Remmer	107	00:27:25	00:23:21	50
Philippa	Hutton	213	00:32:43	00:24:59	48
Laura	Tuley	79	00:25:44	00:25:20	46
Jane	Maloney	215	00:32:50	00:25:24	44
Nicola	Convy	178	00:31:00	00:25:29	42
Karen	Rayner	194	00:31:58	00:25:58	40
Catherine	Lumb	281	00:37:02	00:27:55	38
Cheryl	McBroom	263	00:35:54	00:28:07	36
Catherine	Howell-Walmsley	174	00:30:56	00:28:09	34
Hannah	Corner	129	00:28:25	00:28:15	32
Stephanie	Cooper	244	00:34:41	00:28:31	30
Susan	Brown	262	00:35:50	00:29:07	28
Emma	Triffitt	191	00:31:44	00:29:11	26
Joanne	Wheeler	176	00:30:59	00:29:29	24
Claire	Throup	177	00:30:58	00:29:53	22
Roxana	Freeman	218	00:32:56	00:30:51	20
Catherine	Skinner	304	00:40:44	00:31:54	18
Helen	Simpson	230	00:33:45	00:32:21	16
Louise	Prashad	259	00:35:47	00:35:47	14
Natalie	Lunn	285	00:37:22	00:37:03	12
Simon	Donoghue	24	00:22:11	00:18:27	50
Colin	Fletcher	55	00:24:21	00:19:02	48
Craig	Gath	10	00:21:20	00:19:16	46
Mark	Whiteman	46	00:23:31	00:19:24	44
Neil	King	44	00:23:34	00:20:06	42
Matt	Jones	16	00:21:53	00:21:28	40
Ollie	Spence	21	00:22:05	00:22:05	38
Ed	Duffield	82	00:25:56	00:22:30	36
Mark	Leake	105	00:27:20	00:23:54	34
Peter	Winder	87	00:26:05	00:23:56	32
Richard	Freeman	95	00:26:50	00:24:14	30
Doug	Pearce	122	00:28:13	00:24:17	28
John	Howell-Walmsley	173	00:30:53	00:24:35	26
Tim	Easton	65	00:24:59	00:24:51	24
Michael	Bishop	217	00:32:51	00:26:09	22
Joseph	Cooper	115	00:27:47	00:26:20	20
Rob	Cooper	243	00:34:28	00:28:11	18
Scott	McGreal	166	00:30:23	00:29:10	16
Jason	Wheeler	225	00:33:21	00:29:24	14
Stephen	Daniel	253	00:35:15	00:30:50	12
ERC	Finishers	40			
ERC	Finishers Female	20			
ERC	Finishers Male	20			
TOTAL	Finishers	334			